INTRO

The United States Parkour Association (USPK) is excited to be putting on their first National Championship Competition July 21-23, 2023 at Apex Movement Denver. At this event the top athletes from around the country will compete in the disciplines of Style, Speed, and Skill. This has been a multi-year process to unite parkour leagues and regions in the country to create a true national structure to crown US champions! We are excited to also announce that we have taken it one step further by funneling our top athletes into the Sport Parkour League- recognized as one of the world's largest international parkour competitions. This is an exciting advancement in the growth of competitive parkour.

COMPETITION PYRAMID STRUCTURE

- **6 Regions** representing the entire US
- **Athletes can compete in 3 categories**
  - **Speed** - race to complete a timed obstacle course
  - **Skill** - completion of a variety of individual challenges
  - **Style** - creative composition of a line of varied skills
- Top 3 athletes in each discipline from the regional finals qualify for the **USPK National Championship**
- The top athletes at the National Championship will qualify to move on to compete internationally and the 2nd **Sport Parkour League** - an international parkour championship in Vancouver

SPORT PARKOUR LEAGUE 2 QUALIFIER

- The USPK National Championship will serve as the **final off-site qualifier** for SPL 2 at Origins Parkour

- The top third of competitors (up to 3 per category/divsion) will qualify for SPL2.

- SPL2 is hosted at Origins Parkour Gym in Vancouver, BC on August 17-20

SKILL

SPEED

STYLE

USPK

US NATIONAL CHAMPIONSHIP EVENT INFO

ELIGIBILITY TO COMPETE

Athletes 14+ can choose to compete in one or more categories within either the men/open or women division. You may compete at the USPK National Championship by either qualifying through 1 of 6 regions or by competing in the USPK National On-site qualifiers.

PREQUALIFIED ATHLETES

- Must have competed in regional series as an adult
- Podium (1st, 2nd, 3rd) at regional championship
- If an athlete cannot attend, the next athlete from their region will be offered the spot
- Athletes are only prequalified in the division and category that they podiumed in.
  - Men/Open, Women
  - Skill, Speed, Style
- Prequalified athletes do no need to compete in the on-site qualifiers and move directly to the semi-finals (July 22)
- To compete in another category, athletes will need to do on-site qualifiers for that category.

ON-SITE QUALIFIERS

We have decided to hold an onsite qualifier this year because there was limited access to qualifying events in some of the regions.

- Open to all competitors
- Hosted a Apex Denver July 21
- Compete in one or more categories
  - Skill, Speed, Style
- Men/Open or Women divisions
- At least the **top three** in each division/category qualify to compete in the semi-final round on Saturday (July 22)

HOSTING GYM

Apex Movement
**700 West Mississippi Ave, Building A, #5
Denver, Colorado 80223**

- The USPK National Championship 2023 will be hosted at Apex Denver July 21-23
- Apex has been a pillar of the Colorado community since 2006 and has consistently contributed to the growth of parkour via certifications, events, education, and gym management
- Apex is not only a founding member of USPK, but a continuing supporter of our mission to grow parkour in the US

GENERAL SCHEDULE

July 9, 2023, 6:30 MST	Online Athlete Technical Meeting
July 21, 2023	Onsite Qualifiers
July 22, 2023	Semi-finals
July 23, 2023	Finals

Athlete Technical Meeting Info

- A **Google Meet** link will be distributed to those who are registered and on our Instagram
- **All disciplines/rounds** will be discussed
- **Athletes and Coaches** are strongly encouraged to participate
- Competition **rules and schedule** will be presented
- Time will be allocated to answer **questions**
- After the meeting, **a recording will be available** on the USPK website

US NATIONAL CHAMPIONSHIP EVENT INFO

TICKETS & PRICING

Once you have determined whether you have qualified through one of the regions or through on-sites, please review your ticket options accordingly. As a thank you to our USPK members, we are offering a 20% discount for both athletes and spectators!

Pre-Qualified Athletes

Only for athletes who have pre-qualified for the USPK National through the regional finals

Non-Members Athlete Ticket	USPK Members Athlete Ticket (20% off!)
$60	~~$60~~ $48

- Ticket price includes **all** categories that you qualified for
- If you would like to compete in any category that you have not pre-qualified for, you must buy an on-site qualfier ticket (next page)

On-Site Qualifier Athletes

For athletes who **have not** pre-qualified through regionals (open to all competitors)

Non-Members Athlete Ticket	USPK Members Athlete Ticket (20% off!)
$100	~~$100~~ $80

- Ticket price includes **all** categories that you would like to compete in (speed, skill, & style)
- Ticket price covers competitors for all 3 days of the competition

Spectator Tickets

Come watch the your favorite athletes compete in our 3-day event!

	Non-Members Spectator	USPK Members Spectator (20% off!)
1 Day	$20	~~$20~~ $16
All Weekend (3 days)	$50	~~$50~~ $40

USPK MEMBERSHIP OPTIONS

Practitioner Membership $60	- Spot injury insurance included - Up to $10K in accidental injuries covered - $1,000 Deductible per injury - Voting rights in USPK elections - Discounts on your favorite parkour brands - Discounts to national workshops, events, and certifications (coming soon)
Professional Membership $90	- Spot injury insurance included - Up to $25K in accidental injuries covered - World Chase Tag athlete coverage - $0 Deductible - Voting rights in USPK elections - Discounts on your favorite parkour brands - Discounts to national workshops, events, and certifications (coming soon)

Sign up to be a USPK member to get a 20% discount on your ticket price!
www.uspk.org/join/

VOLUNTEERS NEEDED!

Not competing and want to come spectate? Why not contribute to your community! Pick a role and your spectator ticket is on us (**save $50**!). Plus you get an event t-shirt too!

Athlete Check-in

Spectator Check-in

Snack Sales

Photography

Camera Crew

Volunteer Snack Donations

➡ **Click here to sign up as a volunteer!** ⬅